

WISDOM CAFE

Facilitated by Rebecca Crighton of NW Creative Aging



A Monthly Discussion Group for Seniors

Come share your wisdom! These cafés provide an opportunity to converse and connect with others in discussions of universal topics such as gratitude, legacy, happiness, and what gives life meaning. Come for one session or more in a facilitated small group conversation. Connect with others, build community and enjoy our shared wisdom!

Topics to be announced.

FOURTH TUESDAY EACH MONTH

10 - 11 AM

JAN. 22, FEB. 26, MAR. 26

\$8 Members, \$10 public suggested donation. Drop-ins welcome.



Wallingford Community Senior Center
4649 Sunnyside Ave N ~ Lower Level Good Shepherd Center
Seattle WA 98103 ~ 206-461-7825 ~ wallingfordseniors.org